



## 5K Run/Walk

**Saturday October 5th, 2013**

In Conjunction with Sanford's Harvest Daze festival, put on by

**SANFORD DOWNTOWN LEGACY**

Online Registration at: <http://harvestdaze5K.weebly.com>

Race begins right next to Sanford High School, 52 Sanford High School Blvd.  
Awards: 1st (Overall Male & Female, and by age group, there are 6 age groups)

5K Run starts at 10:00 am, walkers start at 9:40am, registration begins at 8:00am

Pre-race entry Fee: \$15, Same day entry fee: \$20

14 and under: \$10, Same day entry fee: \$15

Free t-shirts to the first 50 entrants, refreshments will be provided

Make Check Payable to: Sanford Downtown Legacy

Mail check and entry form below to: Sanford Downtown Legacy, PO Box 1137, Sanford ME 04073

Web Sites: <http://harvestdaze5K.weebly.com>

Information: Contact Matt Treadwell at [tready17@yahoo.com](mailto:tready17@yahoo.com)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ M: \_\_\_ F: \_\_\_

Address: \_\_\_\_\_ T-SIZE: S M L XL 2-XL

City: \_\_\_\_\_ State: \_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

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E-Mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Check One: Run  Walk

In signing this entry, I for myself, my executors, and administrators, release the manager of the race, Sanford Downtown Legacy, and all sponsors and promoters from any and all liability and damages in case of death or injury received in or any way associated with this race.

Signature: (Guardian if under 18) \_\_\_\_\_ Date: \_\_\_\_\_